



Royal Sutton Coldfield Athletics Clubs

Track records - Veterans Men



| | M40 | M45 | M50 | M55 | M60 | M65 | M70 | M75 |
|-----------------------------|---|----------------------------------|---------------------------------------|-------------------------------------|---|--------------------------------------|-------------------------------------|------------------------------------|
| 60m (Indoors) | John Topliss 7.4 1984 | Donald Brown 7.27 2011 | Ron Taylor 7.4 WR 1984/85/86 | Ron Taylor 7.6 WR 1990 | John Topliss 9.02 (Outdoors) 2004 | Bill Morrow 10.04 1997 | | Bill Morrow 12.51 2005 |
| 80m | Joe Caines 9.3 1995 | Graham Felton 10.2 1995 | Ron Taylor 9.6 1986 | | | | | |
| 100m | Peter Goulding 11.2 (hand time) ¹ 1991 | Donald Brown 11.41 2009 | Ron Taylor 11.38 ER 1985 | Ron Taylor 11.3 1990 | John Topliss 13.47 2005 | John Topliss 14.11 2008 | Bill Morrow 16.51 1999 | Bill Morrow 19.69 2004 |
| 150m | Joe Caines 17.0 1995 | | | | | | | |
| 200m | Joe Caines 22.3 BAR(40) 1992 | Joe Caines 22.78 1998 | Ron Taylor 22.91 WR 1986 | Ron Taylor 23.03 WR 1989 | John Topliss 27.9 2004 | John Topliss 29.04 2008 | Bill Morrow 34.43 1999 | Tom Wyer 39.91 2006 |
| 200m (Indoors) | | | Ron Taylor 23.8 WR 1986 | Ron Taylor 24.7 WR 1990 | Bill Morrow 32.5 1990 | | | |
| 300m | Joe Caines 37.1 1994 | Trevor Brown 40.4 1986 | Ron Taylor 36.3 WR 1986 | | Bill Morrow 51.7 1991 | | | |
| 400m | Joe Caines 50.5 BAR (44) 1996 | Joe Caines 50.55 1998 | Ron Taylor 51.8 WR 1986 | Reg Phipps 56.4 1997 | Reg Phipps 61.8 2004 | Reg Phipps 67.9 2008 | Tom Wyer 79.68 (Indoors) 2003 | |
| 800m | Les Duffy 1.56.02 BAR (43) 1989 | Les Duffy 1.57.2 BR 1991 | Reg Phipps 2.01.3 BAR (52) 1995 | Reg Phipps 2.04.9 WR 1999 | Reg Phipps 2.16.07 2005 | Reg Phipps 2.31.2 2008 | Tom Wyer 2.55.51 2002 | Tom Wyer 3.19.8 2006 |
| 800m (Indoors) | | | | Reg Phipps 2.08.15 BR,ER 1999 | | | Tom Wyer 2.55.3 2002 | Tom Wyer 3.22.53 2006 |
| 1500m | Les Duffy 4.02.0 1986 | Les Duffy 4.18.3 1991 | Reg Phipps 4.12.6 BAR (52) 1995 | Reg Phipps 4.28.0 2000 | Reg Phipps 4.44.52 2005 | Reg Phipps 5.17.1 2008 | Tom Wyer 6.01.32 2002 | Tom Wyer 6.43.6 2006 |
| 1500m (Indoors) | | | | | | | | Tom WYer 6.47.16 2006 |
| 1 mile | Steve Mason 4.29.2 1985 | | Reg Phipps 5.09.2 1995 | | | | | |
| 3000m | Steve Mason 9.02.9 1987 | Steve Mason 9.25.4 1990 | Reg Phipps 9.20.7 1993 | Reg Phipps 9.59.9 1999 | Reg Phipps 11.00.2 2004 | Roy Humpherson 12.01.6 2009 | Tom Wyer 13.53.1 2003 | |
| 3000m (Indoors) | | | Peter Parker 9.44.57 2004 | | | | | |
| 5000m | Peter Parker 15.48.0 1995 | Steve Marklew 16.45.2 2010 | Peter Parker 16.59.74 2004 | | | | | |
| 10000m | Steve Mason 32.16.0 1985 | | | | | Richard Cashmore 43.23.88 2004 | | |
| 1500m walk | Mac Podmore 8.00.8 1985 | Mac Podmore 7.52.6 1988 | | | | | | |
| 2000m walk | Ron Payne 11.22.7 1990 | Mac Podmore 10.43.1 1989 | Ron Payne 10.19.5 1994 | Mac Podmore 11.19.6 1997 | David Fall 11.57.0 2006 | Gordon Chapman 13.03.0 1997 | Gordon Chapman 13.07.8 2002 | Gordon Chapman 13.42.9 2007 |
| 3000m walk | Tony Smith 19.36 1984 | | | David Fall 17.54.9 2004 | | | Gordon Chapman 20.54.10 2006 | Gordon Chapman 22.01.78 2007 |
| 3000m walk (Indoors) | | | | David Fall 18.32.54 2004 | | | | |
| 5000m walk | Tony Smith 30.54.8 1984 | | | David Fall 31.29.22 2004 | | | Gordon Chapman 34.45.3 2004 | Gordon Chapman 34.47 2007 |
| 20000m walk | | | | | | | | Gordon Chapman 2.42.01 2007 |



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|---------------------------------|---|---|--|-----|-----|-----|-----|-----|
| 60m hurdles | | Donald Brown 8.66 2011 | | | | | | |
| 110m hurdles | Donald Brown 16.83 2008 | Donald Brown 16.26 2009 | | | | | | |
| 200m hurdles | Mark Green 29.5 1988 | John Topliss 32.0 1989 | | | | | | |
| 400m hurdles | Arthur Orr 64.3 1985 | | | | | | | |
| 3000m steeplechase | Pat Johnson 11.23.2 1984 | Mac Podmore 11.41.0 1988 | | | | | | |
| 4x100m | Arthur Orr Barry Moulton Trevor Brown John Topliss 46.3 BR 1985 | Graham Felton Reg Phipps Les Duffy Joe Caines 49.8 BR 1998 | | | | | | |
| 4x100m (indoors) | Trevor Brown Barry Moulton John Topliss Ron Taylor 48.1 WR 1985 | | | | | | | |
| 4x200m | Trevor Brown Arthur Orr John Topliss Ron Taylor 1.35.9 BR 1984 | Graham Felton Reg Phipps Les Duffy Joe Caines 1.42.8 BR 1998 | John Topliss Reg Phipps Peter Goulding Les Duffy 1.45.5 BR 1999 | | | | | |
| 4x200m (indoors) | Barry Moulton Arthur Orr John Topliss Ron Taylor 1.37.3 WR 1986 | | | | | | | |
| 4x400m | Peter Goulding Joe Caines Les Duffy John Topliss 3.34.51 BR 1992 | | Joe Cox John Topliss Reg Phipps Les Duffy 4.04.2 BR 1999 | | | | | |
| Medley Relay 200/200/400/800 | Les Duffy Graham Felton Peter Goulding Joe Caines 3.49.0 1993 | | | | | | | |

Key

BR British Record
 BAR British Age Record
 ER European Record
 WR World Record

The performances denoted as British, European and World records were records at the date achieved.

¹ 100m V40 men - An electronic time of 11.28 was recorded for Joe Caines in 1993