



Royal Sutton Coldfield Athletics Club

Records - Veterans men



| | M35* | M40 | M45 | M50 | M55 | M60 | M65 | M70 | M75 | M80 |
|----------------------|-------------|---|-------------------------------|--------------------------|-------------------------------|---------------------------------|------------------------------|----------------------------|-----------------------------|---------------------------|
| 60m (Indoors) | | John Topliss 7.4 | Donald Brown 7.27 | Ron Taylor 7.4 WR | Donald Brown 7.58 | John Topliss 9.02 (Outdoors) | Bill Morrow 10.04 | | Bill Morrow 12.51 | |
| | | 1984 | 2011 | 1984/85/86 | 2020 | 2004 | 1997 | | 2005 | |
| | | Joe Caines 9.3 | Graham Felton 10.2 | Ron Taylor 9.6 | | | | | | |
| 80m | | 1995 | 1995 | 1986 | | | | | | |
| 100m | | Peter Goulding 11.2 (hand time) ¹ | Donald Brown 11.41 | Ron Taylor 11.38 ER | Ron Taylor 11.3 | John Topliss 13.47 | John Topliss 14.11 | John Topliss 15.78 | Roy Humpherson 19.6 | |
| | | 1991 | 2009 | 1985 | 1990 | 2005 | 2008 | 2015 | 2019 | |
| | | Joe Caines 17.0 | | | | | | | | |
| 150m | | 1995 | | | | | | | | |
| 200m | | Joe Caines 22.3 BAR(40) | Joe Caines 22.78 | Ron Taylor 22.91 WR | Ron Taylor 23.03 WR | Joe Caines 27.7 | John Topliss 29.04 | John Topliss 33.70 | Roy Humpherson 38.56 | |
| | | 1992 | 1998 | 1986 | 1989 | 2014 | 2008 | 2015 | 2019 | |
| | | | | Ron Taylor 23.8 WR | Ron Taylor 24.7 WR | Bill Morrow 32.5 | | | | |
| 200m (Indoors) | | | | 1986 | 1990 | 1990 | | | | |
| 300m | | Joe Caines 37.1 | Trevor Brown 40.4 | Ron Taylor 36.3 WR | | Bill Morrow 51.7 | | | | |
| | | 1994 | 1986 | 1986 | | 1991 | | | | |
| | | Fred Tremblay 55.0 | Joe Caines 50.5 BAR (44) | Joe Caines 50.55 | Ron Taylor 51.8 WR | Reg Phipps 56.4 | Reg Phipps 61.8 | Reg Phipps 67.9 | Tom Wyer 79.68 (Indoors) | |
| 400m | 2013 | 1996 | 1998 | 1986 | 1997 | 2004 | 2008 | 2003 | | |
| 800m | | Fred Tremblay 1.56.8 | Les Duffy 1.56.02 BAR (43) | Les Duffy 1.57.2 BR | Reg Phipps 2.01.3 BAR (52) | Reg Phipps 2.04.9 WR | Reg Phipps 2.16.07 | Reg Phipps 2.31.2 | Tom Wyer 2.55.51 | Tom Wyer 3.19.8 |
| | | 2015 | 1989 | 1991 | 1995 | 1999 | 2005 | 2008 | 2002 | 2006 |
| | | Fred Tremblay 1.57.87 | | | | Reg Phipps 2.08.15 BR,ER | | | Tom Wyer 2.55.3 | Tom Wyer 3.22.53 |
| 800m (Indoors) | 2014 | | | | 1999 | | | 2002 | 2006 | |
| 1500m | | Nick Corker 4.13.38 | Les Duffy 4.02.0 | Les Duffy 4.18.3 | Reg Phipps 4.12.6 BAR (52) | Reg Phipps 4.28.0 | Reg Phipps 4.44.52 | Reg Phipps 5.17.1 | Tom Wyer 6.01.32 | Tom Wyer 6.43.6 |
| | | 2012 | 1986 | 1991 | 1995 | 2000 | 2005 | 2008 | 2002 | 2006 |
| | | | | | | | | | | Tom Wyer 6.47.16 |
| 1500m (Indoors) | | | | | | | | | 2006 | |
| 1 mile | | Fred Tremblay 4.40.4 | Steve Mason 4.29.2 | Dean Lucas 5.56.1 | Rob Andrew 4.42.58 | | | | | |
| | | 2013 | 1985 | 2019 | 2014 | | | | | |
| | | Nick Corker 9.10.6 | Steve Mason 9.02.9 | Steve Mason 9.25.4 | Reg Phipps 9.20.7 | Reg Phipps 9.59.9 | Reg Phipps 11.00.2 | Roy Humpherson 12.01.6 | Tom Wyer 13.53.1 | |
| 3000m | 2013 | 1987 | 1990 | 1993 | 1999 | 2004 | 2009 | 2003 | | |
| 3000m (Indoors) | | | | Peter Parker 9.44.57 | | | | | | |
| | | | | 2004 | | | | | | |
| | | Nick Corker 15.56.59 | Peter Parker 15.48.0 | Steve Marklew 16.45.2 | Peter Parker 16.59.74 | | | | | |
| 5000m | 2013 | 1995 | 2010 | 2004 | | | | | | |
| 10000m | | Steve Mason 32.16.0 | | | | | Richard Cashmore 43.23.88 | | | |
| | | 1985 | | | | | 2004 | | | |
| | | Mac Podmore 8.00.8 | Mac Podmore 7.52.6 | | | | | | | |
| 1500m walk | | 1985 | 1988 | | | | | | | |
| 2000m walk | | Ron Payne 11.22.7 | Mac Podmore 10.43.1 | Ron Payne 10.19.5 | Mac Podmore 11.19.6 | David Fall 11.57.0 | Gordon Chapman 13.03.0 | Gordon Chapman 13.07.8 | Gordon Chapman 13.42.9 | Gordon Chapman 15.44.0 |
| | | 1990 | 1989 | 1994 | 1997 | 2006 | 1997 | 2002 | 2007 | 2012 |
| | | Tony Smith 19.36 | | | David Fall 17.54.9 | | | Gordon Chapman 20.54.10 | Gordon Chapman 22.01.78 | |
| 3000m walk | | 1984 | | 2004 | | | 2006 | 2007 | | |
| 3000m walk (Indoors) | | | | David Fall 18.32.54 | | | | | | |
| | | | | 2004 | | | | | | |
| | | Tony Smith 30.54.8 | | | David Fall 31.29.22 | | | Gordon Chapman 34.45.3 | Gordon Chapman 34.47 | |
| 5000m walk | | 1984 | | 2004 | | | 2004 | 2007 | | |
| 20000m walk | | | | | | | | | Gordon Chapman 2.42.01 | |
| | | | | | | | | | 2007 | |
| | | | Donald Brown 8.66 | Donald Brown 8.66 | Donald Brown 8.91 | | | | | |
| 60m hurdles | | 2011 | 2015 | 2020 | | | | | | |
| 100m hurdles | | | | Donald Brown 14.34 | Donald Brown 14.62 | | | | | |
| | | | | 2015 | 2019 | | | | | |
| | | Donald Brown 16.83 | Donald Brown 16.26 | | | | | | | |
| 110m hurdles | | 2008 | 2009 | | | | | | | |
| 200m hurdles | | Mark Green 29.5 | John Topliss 32.0 | | | | | | | |
| | | 1988 | 1989 | | | | | | | |
| | Nick Corker | Arthur Orr | | | | | | | | |

| | | | | | | | | | | |
|---------------------------------|---------------|----------------|---------------|-------------------------------|--------------|---------------|---------------|----------------|----------------|-------------|
| 400m hurdles | 65.1 | 64.3 | | | | | | | | |
| | 2013 | 1985 | | | | | | | | |
| 2000m steeplechase | Nick Corker | Nick Corker | | | | | | | | |
| | 6.34.1 | 6.57.3 | | | | | | | | |
| 3000m steeplechase | Nick Corker | Nick Corker | Mac Podmore | | | | | | | |
| | 10.01.8 | 10.20.0 | 11.41.0 | | | | | | | |
| 4x100m | | Arthur Orr | Graham Felton | | | | | | | |
| | | Barry Moulton | Reg Phipps | | | | | | | |
| 4x100m (Indoors) | | Trevor Brown | Les Duffy | | | | | | | |
| | | John Topliss | Joe Caines | | | | | | | |
| 4x200m | | 46.3 BR | 49.8 BR | | | | | | | |
| | | 1985 | 1998 | | | | | | | |
| 4x200m (Indoors) | | Trevor Brown | Graham Felton | John Topliss | | | | | | |
| | | Barry Moulton | Reg Phipps | Reg Phipps | | | | | | |
| 4x400m | | John Topliss | Les Duffy | Peter Goulding | | | | | | |
| | | Ron Taylor | Joe Caines | Les Duffy | | | | | | |
| Medley Relay 200/200/400/800 | | 1.35.9 BR | 1.42.8 BR | 1.45.5 BR | | | | | | |
| | | 1984 | 1998 | 1999 | | | | | | |
| High Jump | | Barry Moulton | | | | | | | | |
| | | Arthur Orr | | | | | | | | |
| Long Jump | | John Topliss | | | | | | | | |
| | | Ron Taylor | | | | | | | | |
| Long Jump (Indoors) | | 1.37.3 WR | | | | | | | | |
| | | 1986 | | | | | | | | |
| Triple Jump | | Peter Goulding | | Joe Cox | | | | | | |
| | | Joe Caines | | John Topliss | | | | | | |
| Pole Vault | | Les Duffy | | Reg Phipps | | | | | | |
| | | Graham Felton | | Les Duffy | | | | | | |
| Javelin (500) | | Peter Goulding | | Reg Phipps | | | | | | |
| | | Joe Caines | | Les Duffy | | | | | | |
| Javelin (600) | | 3.34.51 BR | | 1999 | | | | | | |
| | | 1992 | | | | | | | | |
| Javelin (700) | | Les Duffy | | | | | | | | |
| | | Graham Felton | | | | | | | | |
| Javelin (800) | | Peter Goulding | | | | | | | | |
| | | Joe Caines | | | | | | | | |
| Shot Putt (4kg) | | 3.49.0 | | | | | | | | |
| | | 1993 | | | | | | | | |
| Shot Putt (5kg) | | Donald Brown | Donald Brown | Peter Goulding / Donald Brown | Joe Harrison | Joe Harrison | Graham Felton | | | |
| | | 1.66 | 1.72 | 1.55 | 1.55 | 1.45 | 1.10 | | | |
| Shot Putt (6kg) | | 2008 | 2009 | 1997 / 2014 | 1993 | 1998 | 2014 | | | |
| | | 2008 | 2001 | 1997 | 1999 | 2004 | 2005 | | | |
| Discus (1kg) | | Donald Brown | Williams | Peter Goulding | John Topliss | John Topliss | John Topliss | Jhalman Singh | Jhalman Singh | |
| | | 6.28 | 7.03 (BR) | 5.22 | 5.06 | 4.8 | 4.55 | 3.65 | 3.25 | |
| Discus (1.5kg) | | 2008 | 2001 | 1997 | 1999 | 2004 | 2005 | 2011 | 2013 | |
| | | | | | | | | | | Bill Morrow |
| Discus (2kg) | | | | | | | | | 2.5 | |
| | | | | | | | | | 2005 | |
| Shot Putt (5kg) | Fred Tremblay | Peter Goulding | Williams | John Topliss | John Topliss | John Topliss | John Topliss | Roy Humpherson | Roy Humpherson | |
| | 10.35 | 11.86 | 11.97 | 10.48 | 10.3 | 9.57 | 8.58 | 5.5 | 5.16 | |
| Shot Putt (6kg) | | Arthur Orr | Arthur Orr | Arthur Orr | | David Price | | | | |
| | | 3.0 | 3.25 | 3.25 | | 1.6 | | | | |
| Shot Putt (4kg) | | 1986 | 1992 | 1994 | | 2004 | | | | |
| | | | | | | | | David Price | David Price | |
| Shot Putt (5kg) | | | | | | | | 33.32 | 26.93 | |
| | | | | | | | | 2010 | 2016 | |
| Shot Putt (6kg) | | | | | | | David Price | David Price | David Price | David Price |
| | | | | | | | 36.91 | 34.14 | 32.09 | 26.78 |
| Shot Putt (4kg) | | | | | | | 2001 | 2006 | 2012 | 2016 |
| | | | | | | | | | | |
| Shot Putt (5kg) | | | | | Ron Taylor | David Price | David Price | David Price | David Price | |
| | | | | | 41.04 | 36.16 | 31.6 | 29.73 | 26.70 | |
| Shot Putt (6kg) | | | | | 1990 | 2002 | 2007 | 2012 | 2015 | |
| | | | | | | | | | | |
| Shot Putt (4kg) | | Donald Brown | John Topliss | David Price | | David Price | David Price | David Price | | |
| | | 39.55 | 35.5 | 48.34 | | 35.43 | 28.74 | 24.17 | | |
| Shot Putt (5kg) | | 2008 | 1991 | 1990 | | 2001 | 2007 | 2015 | | |
| | | | | | | | | | | |
| Shot Putt (6kg) | | | | | | Graham Felton | Tom Wyr | Swaran Singh | Tom Wyr | |
| | | | | | | 31.22 | 26.61 | 35.68 | 20.76 | |
| Shot Putt (4kg) | | | | | | 2012 | 1999 | 2015 | 2006 | |
| | | | | | | | | | | |
| Shot Putt (5kg) | | | | | Kevin Brown | Donald Brown | Graham Felton | Graham Felton | | |
| | | | | | 47.76 | 41.93 | 25.67 | 23.24 | | |
| Shot Putt (6kg) | | | | | 2018 | 2020 | 2013 | 2014 | | |
| | | | | | | | | | | |
| Shot Putt (4kg) | | Kevin Brown | Kevin Brown | Kevin Brown | | Graham Young | Graham Felton | John Topliss | | |
| | | 57.87 | 53.65 | 42.9 | | 22.66 | 20.14 | 14.27m | | |
| Shot Putt (5kg) | | 2007 | 2010 | 2015 | | 2002 | 2016 | 2014 | | |
| | | | | | | | | | | |
| Shot Putt (6kg) | | | | | | | | | | |
| | | | | | | | | | | |
| Shot Putt (4kg) | | | | | | | | | | |
| | | | | | | | | | | |
| Shot Putt (5kg) | | | | | | Graham Felton | Terry Cole | Swaran Singh | Jhalman Singh | |
| | | | | | | 10.47 | 9.78 | 9.37m | 8.31 | |
| Shot Putt (6kg) | | | | | | 2009 | 2009 | 2014 | 2013 | |
| | | | | | | | | | | |
| Shot Putt (4kg) | | | | | Kevin Brown | Donald Brown | Graham Felton | Terry Cole | | |
| | | | | | 11.78 | 10.71 | 9.5 | 9.07 | | |

| | | | | 2016 | 2020 | 2009 | 2008 | | | |
|--|--|--------------------|--------------|-------------|---------------|---------------|---------------|--------------|----------|--|
| Shot Putt (7.26kg) | | Kevin Brown | Donald Brown | Kevin Brown | Graham Felton | Graham Felton | Graham Felton | John Topliss | | |
| | | 12.39 | 12.1 | 10.64 | 9.17 | 8.68 | 8.50 | 4.31 | | |
| | | 2009 | 2009 | 2015 | 2004 | 2012 | 2016 | 2014 | | |
| Hammer (4kg) | | | | | | | | | | |
| Hammer (5kg) | | | | | | Graham Felton | Graham Felton | | | |
| | | | | | | 27.46 | 25.87 | | | |
| | | | | | | 2013 | 2016 | | | |
| Hammer (6kg) | | | | Kevin Brown | Graham Young | Graham Young | Graham Felton | | | |
| | | | | 35.34 | 27.36 | 22.92 | 18.03 | | | |
| | | | | 2016 | 1997 | 2004 | 2015 | | | |
| Hammer (7.26kg) | | Donald Brown | Kevin Brown | Kevin Brown | | Graham Young | Graham Felton | John Topliss | | |
| | | 32.02 | 36.58 | 36.24 | | 20.88 | 18.81 | 6.23 | | |
| | | 2008 | 2011 | 2016 | | 2002 | 2014 | 2014 | | |
| Pentathlon | | Ed Saunders | | | | John Topliss | Tom Wyer | Tom Wyer | Tom Wyer | |
| | | 1491 | | | | 2558 | 2254 | 2549 | 2175 | |
| | | 2014 | | | | 2004 | 1998 | 2004 | 2006 | |
| Pentathlon (Indoors) | | Donald Brown | Donald Brown | | | | | | | |
| | | 3285 | 3634 | | | | | | | |
| | | 2008 | 2009 | | | | | | | |
| Decathlon | | Donald Brown | | | | | | | | |
| | | 5483 | | | | | | | | |
| | | 2008 | | | | | | | | |
| Key | | | | | | | | | | |
| BR | | British Record | | | | | | | | |
| BAR | | British Age Record | | | | | | | | |
| ER | | European Record | | | | | | | | |
| WR | | World Record | | | | | | | | |
| The performances denoted as British, European and World records were records at the date achieved. | | | | | | | | | | |
| ¹ 100m V40 men - An electronic time of 11.28 was recorded for Joe Caines in 1993 | | | | | | | | | | |
| * Records include performances from 2010 onwards. No records were maintained prior to this date. | | | | | | | | | | |