



Royal Sutton Coldfield Athletics Club

Records - Veterans men



	M35*	M40	M45	M50	M55	M60	M65	M70	M75	M80
60m (Indoors)		John Topliss 7.4 1984	Donald Brown 7.27 2011	Ron Taylor 7.4 WR 1984/85/86	Donald Brown 7.58 2020	John Topliss 9.02 (Outdoors) 2004	Bill Morrow 10.04 1997		Bill Morrow 12.51 2005	
	80m	Joe Caines 9.3 1995	Graham Felton 10.2 1995	Ron Taylor 9.6 1986						
		100m	Peter Goulding 11.2 (hand time)* 1991	Donald Brown 11.41 2009	Ron Taylor 11.38 ER 1985	Ron Taylor 11.3 1990	Peter Ilo 12.66 2021	John Topliss 14.11 2008	John Topliss 15.78 2015	Roy Humpherson 19.6 2019
150m	Joe Caines 17.0 1995									
	200m	Joe Caines 22.3 BAR(40) 1992	Joe Caines 22.78 1998	Ron Taylor 22.91 WR 1986	Ron Taylor 23.03 WR 1989	Peter Ilo 26.24 2021	John Topliss 29.04 2008	John Topliss 33.70 2015	Roy Humpherson 38.56 2019	
200m (Indoors)				Ron Taylor 23.8 WR 1986	Ron Taylor 24.7 WR 1990	Bill Morrow 32.5 1990				
		300m	Joe Caines 37.1 1994	Trevor Brown 40.4 1986	Ron Taylor 36.3 WR 1986	Donald Brown 39.17 2019	Bill Morrow 51.7 1991			
400m	Fred Tremblay 55.0 2013		Joe Caines 50.5 BAR (44) 1996	Joe Caines 50.55 1998	Ron Taylor 51.8 WR 1986	Reg Phipps 56.4 1997	Peter Ilo 58.59 2021	Reg Phipps 67.9 2008	Tom Wyer 79.68 (Indoors) 2003	
	800m	Fred Tremblay 1.56.8 2015	Les Duffy 1.56.02 BAR (43) 1989	Les Duffy 1.57.2 BR 1991	Reg Phipps 2.01.3 BAR (52) 1995	Reg Phipps 2.04.9 WR 1999	Reg Phipps 2.16.07 2005	Reg Phipps 2.31.2 2008	Tom Wyer 2.55.51 2002	Tom Wyer 3.19.8 2006
800m (Indoors)		Fred Tremblay 1.57.87 2014				Reg Phipps 2.08.15 BR,ER 1999			Tom Wyer 2.55.3 2002	Tom Wyer 3.22.53 2006
	1500m	Nick Corker 4.13.38 2012	Les Duffy 4.02.0 1986	Les Duffy 4.18.3 1991	Reg Phipps 4.12.6 BAR (52) 1995	Reg Phipps 4:27.2 2000	Reg Phipps 4:43.7 2005	Reg Phipps 5.17.1 2008	Tom Wyer 6.01.32 2002	Tom Wyer 6.43.6 2006
1500m (Indoors)									Tom Wyer 6.47.16 2006	
1 mile	Fred Tremblay 4.40.4 2013	Steve Mason 4.29.2 1985	Dean Lucas 5.56.1 2019	Rob Andrew 4.42.58 2014						
	3000m	Nick Corker 9.10.6 2013	Steve Mason 9.02.9 1987	Steve Mason 9.25.4 1990	Reg Phipps 9.20.7 1993	Reg Phipps 9.59.9 1999	Reg Phipps 11.00.2 2004	Roy Humpherson 12.01.6 2009	Tom Wyer 13.53.1 2003	
3000m (Indoors)				Peter Parker 9.44.57 2004						
5000m	Nick Corker 15.56.59 2013	Peter Parker 15.48.0 1995	Steve Marklew 16.45.2 2010	Peter Parker 16.59.74 2004						
	10000m		Steve Mason 32.16.0 1985					Richard Cashmore 43.23.88 2004		
1500m walk			Mac Podmore 8.00.8 1985	Mac Podmore 7.52.6 1988						
	2000m walk		Ron Payne 11.22.7 1990	Mac Podmore 10.43.1 1989	Ron Payne 10.19.5 1994	Mac Podmore 11.19.6 1997	David Fall 11.57.0 2006	Gordon Chapman 13.03.0 1997	Gordon Chapman 13.07.8 2002	Gordon Chapman 13.42.9 2007
3000m walk			Tony Smith 19.36 1984			David Fall 17.54.9 2004			Gordon Chapman 20.54.10 2006	Gordon Chapman 22.01.78 2007
	3000m walk (Indoors)				David Fall 18.32.54 2004					
5000m walk		Tony Smith 30.54.8 1984			David Fall 31.29.22 2004			Gordon Chapman 34.45.3 2004	Gordon Chapman 34.47 2007	
	20000m walk								Gordon Chapman 2.42.01 2007	
60m hurdles			Donald Brown 8.66 2011	Donald Brown 8.66 2015	Donald Brown 8.91 2020					
	100m hurdles			Donald Brown 14.34 2015	Donald Brown 14.62 2019					

110m hurdles		Donald Brown 16.83 2008	Donald Brown 16.26 2009						
200m hurdles		Mark Green 29.5 1988	John Topliss 32.0 1989						
400m hurdles	Nick Corker 65.1 2013	Arthur Orr 64.3 1985							
2000m steeplechase	Nick Corker 6.34.1 2014	Nick Corker 6.57.3 2015							
3000m steeplechase	Nick Corker 10.01.8 2014	Nick Corker 10.20.0 2015	Mac Podmore 11.41.0 1988						
4x100m		Arthur Orr Barry Moulton Trevor Brown John Topliss 46.3 BR 1985	Graham Felton Reg Phipps Les Duffy Joe Caines 49.8 BR 1998						
4x100m (Indoors)		Trevor Brown Barry Moulton John Topliss Ron Taylor 48.1 WR 1985							
4x200m		Trevor Brown Arthur Orr John Topliss Ron Taylor 1.35.9 BR 1984	Graham Felton Reg Phipps Les Duffy Joe Caines 1.42.8 BR 1998	John Topliss Reg Phipps Peter Goulding Les Duffy 1.45.5 BR 1999					
4x200m (indoors)		Barry Moulton Arthur Orr John Topliss Ron Taylor 1.37.3 WR 1986							
4x400m		Peter Goulding Joe Caines Les Duffy John Topliss 3.34.51 BR 1992		Joe Cox John Topliss Reg Phipps Les Duffy 4.04.2 BR 1999					
Medley Relay 200/200/400/800		Les Duffy Graham Felton Peter Goulding Joe Caines 3.49.0 1993							
High Jump		Donald Brown 1.66 2008	Donald Brown 1.72 2009	Peter Goulding / Donald Brown 1.55 1997 / 2014	Joe Harrison 1.55 1993	Joe Harrison 1.45 1998	Graham Felton 1.10 2014		
Long Jump		Donald Brown 6.28 2008	Barrington Williams 7.03 (BR) 2001	Peter Goulding 5.22 1997	John Topliss 5.06 1999	John Topliss 4.8 2004	John Topliss 4.55 2005	Jhalman Singh 3.65 2011	Jhalman Singh 3.25 2013
Long Jump (Indoors)								Bill Morrow 2.5 2005	
Triple Jump	Fred Tremblay 10.35 2013	Peter Goulding 11.86 1990	Barrington Williams 11.97 2001	John Topliss 10.48 1994	John Topliss 10.3 1999	John Topliss 9.57 2003	John Topliss 8.58 2010	Roy Humpherson 5.5 2016	Roy Humpherson 5.16 2019
Pole Vault		Arthur Orr 3.0 1986	Arthur Orr 3.25 1992	Arthur Orr 3.25 1994		David Price 1.6 2004			
Javelin (500)							David Price 33.32 2010	David Price 26.93 2016	
Javelin (600)						David Price 36.91 2001	David Price 34.14 2006	David Price 32.09 2012	David Price 26.78 2016
Javelin (700)					Ron Taylor 41.04 1990	David Price 36.16 2002	David Price 31.6 2007	David Price 29.73 2012	David Price 26.70 2015
Javelin (800)		Donald Brown 39.55 2008	John Topliss 35.5 1991	David Price 48.34 1990		David Price 35.43 2001	David Price 28.74 2007	David Price 24.17 2015	
Discus (1kg)						Graham Felton 31.22 2012	Tom Wyer 26.61 1999	Swaran Singh 35.68 2015	Tom Wyer 20.76 2006

Discus (1.5kg)				Kevin Brown 47.76 2018	Kevin Brown 48.74 2020	Graham Felton 25.67 2013	Graham Felton 23.24 2014		
Discus (2kg)		Kevin Brown 57.87 2007	Kevin Brown 53.65 2010	Kevin Brown 42.9 2015	Kevin Brown 49.59 2021	Graham Young 22.66 2002	Graham Felton 20.14 2016	John Topliss 14.27m 2014	
Shot Putt (4kg)									
Shot Putt (5kg)						Graham Felton 10.47 2009	Terry Cole 9.78 2009	Swaran Singh 9.37m 2014	Jhalman Singh 8.31 2013
Shot Putt (6kg)				Kevin Brown 11.78 2016	Donald Brown 10.71 2020	Graham Felton 9.5 2009	Terry Cole 9.07 2008		
Shot Putt (7.26kg)		Kevin Brown 12.39 2009	Donald Brown 12.1 2009	Kevin Brown 10.64 2015	Kevin Brown 9.50 2021	Graham Felton 8.68 2012	Graham Felton 8.50 2016	John Topliss 4.31 2014	
Hammer (4kg)									
Hammer (5kg)						Graham Felton 27.46 2013	Graham Felton 25.87 2016		
Hammer (6kg)				Kevin Brown 35.34 2016	Graham Young 27.36 1997	Graham Young 22.92 2004	Graham Felton 18.03 2015		
Hammer (7.26kg)		Donald Brown 32.02 2008	Kevin Brown 36.58 2011	Kevin Brown 36.24 2016		Graham Young 20.88 2002	Graham Felton 18.81 2014	John Topliss 6.23 2014	
Pentathlon		Ed Saunders 1491 2014				John Topliss 2558 2004	Tom Wyer 2254 1998	Tom Wyer 2549 2004	Tom Wyer 2175 2006
Pentathlon (Indoors)		Donald Brown 3285 2008	Donald Brown 3634 2009						
Decathlon		Donald Brown 5483 2008							
Key									
BR		British Record							
BAR		British Age Record							
ER		European Record							
WR		World Record							
The performances denoted as British, European and World records were records at the date achieved.									
* 100m V40 men - An electronic time of 11.28 was recorded for Joe Caines in 1993									
* Records include performances from 2010 onwards. No records were maintained prior to this date.									