

Royal Sutton Coldfield Athletics Club Records - U11 boys to senior men

	U11 Boys	U13 Boys	U15 Boys	U17 Boys	Junior Men	Senior Men
60m	Evan Pritchard 9.19 2014					
60m (Indoors)	Aaron O'Brien 9.33 2017		Stefan Anderson 7.58 2011	Neil Mitchell 7.1 2001	Daniel Cairnes 6.99 1998	Nicholas Pryce 6.92 2022
75m	Harrison North 10.8 2017	Liben-Roy McIntyre-Smith 8.52 2021				
80m	Andrew Evans 12.0 1991					
100m Indoors		Harrison North 14.26 2019				
100m	David Coleman 13.9 1988	S Spencer/McDonald 12.9 1980 / 2003	Stefan Anderson 11.4 2011	Neil Mitchell 11.1 2001	Daniel Cairnes 10.6 1996	Nicholas Pryce 10.6 2014
150m	Harrison North 21.4 2017	Sam McNeill 20.5 2021				
200m	Daniel Cairnes 29.3 1989	Ross McDonald 28.6 2003	Stefan Anderson 28.8 2011	Nicholas Pryce 27.1 2009	Daniel Cairnes 27.1 1998	K Howitt 21.03 2018
200m (Indoors)			Stefan Anderson 23.03 2011.00	Nicholas Pryce 23.03 1998	Daniel Cairnes 21.6 1998	Nicholas Pryce 21.09 2020
300m			Joseph Martin 38.00 2017			
300m Indoors						Nicholas Pryce 35.06 2021
400m		Andrew Evans 62.0 1993	Ross McDonald 51.49 2005	Ross McDonald 50.08 1998	Daniel Cairnes 47.1 1998	Nicholas Pryce 48.31 2016
400m (Indoors)				Ross McDonald 48.78 2007	Daniel Cairnes 48.09 1998	Nicholas Pryce 48.33 2012
600m	Andrew Evans 1.48.0 1991					
800m	Andrew Evans 2.28.9 1991	Jacob Hickey 2.17.9 1989	Joseph Martin 02.00.07 2017	Joseph Martin 1.55.00 2019	Dominic Middleton 1.54.8 1987	Carl Warren 1.53.9 1990
1200m	Noah Homer 4.02.5 2020	Noah Homer 3.43.9 2021				
1500m	5.08.6 1991	James Goode 4.39.2 1998	Jamie Hussey 4.21.0 1983	Spencer Duval 3.59.9 1986	Dominic Middleton 3.54.6 1987	Dominic Middleton 3.48.3 1990
1 mile	Andrew Brooks 5.36.0 1989	Jacob Hickey 5.07.2 1989	Andrew Evans 4.56.5 1985	Paul Cahert 4.35.5 1992	Dominic Middleton 4.17 1987	David Hope 4.15.2 1990
3000m		Jamie Hussey 10.31.7 1980	Greg Livall 9.22.9 2004	Dominic Middleton 8.41.7 1986	David Hope 8.25.3 1987	Adrian O'Connor 8.18.0 1990
5000m				Alistair O'Connor 15.40.8 1987	Alistair O'Connor 14.42.0 1990	Adrian O'Connor 14.28.1 1990
10000m				Duncan Mason 36.50.5 1984		Peter Marshall 32.45.0 1984
70m hurdles		Ian Nash 12.3 1980				
75m hurdles		C Surridge / B Davies 13.5 1989 / 92				
80m hurdles	Daniel Quarell 17.4 1987	Andrew Grace 14.6 1992	Andrew Hill 11.6 2002			
100m hurdles				Andrew Hill 14.2 2002		
110m hurdles					Adam D'Arcy 16.7 1999	Brian Hughes 15.8 1994
400m hurdles				Iain McDonald 56.7 2003	Iain McDonald 53.06 2005	Keith Terlock 57.4 1987
1500m steeplechase			Jack Wakefield 5.26.81 2018	Spencer Duval 4.15.01 1986	Alistair O'Connor 5.46.9 1990	Peter James 6.10.8 1993
2000m steeplechase				Spencer Duval 6.04.1 1986	Alistair O'Connor 5.44.88 1990	Richard Mullane 6.24.0 1990
3000m steeplechase				Simon O'Connor 9.36.16 1990	Alistair O'Connor 8.44.88 1990	
3000m walk		Russell Mason 17.14.7 1990		Kevin Jones 18.21.6 1977		
4x100m	No details of athletes names 38.7 1979	Alan Taylor Daniel Reardon James Smith Ben Davies 24.0 1992	Ross McDonald Max Haig Rob Cooper Luke Gibson 24.0 2004	Alistair Breuna Nicholas Mbeve Kane Howitt Elliot Walker Paolo Odogwu 45.0 2012	Kane Howitt Ethan McCarthy Elliot Walker Nick Mbeve 45.0 2014	Kane Howitt Cameron Harris Shem Nelson Nicholas Pryce 43.4 2017
4x300m			Jacob Higgins Matthew Parry David Iffe Joseph Martin 2.51.3 2017			
4x400m		Andrew Evans Matthew Hoggins Matthew Hastings Matthew Lope 3.46.5 1995	U Barron U Looagan S Aucott S Aukner 3.34.5 1993	National Junior League team at Iarnworth 3.27.7 1999*	Kane Howitt Cameron Harris Alex Jones Nicholas Pryce 3.21.7 2017	
4x400m (Indoors)						Mark Stutch James Simmonds Carl Warren Russell Cairnes 3.28.0 1989
High Jump	Simon Kulas 1.25 1988	Daniel Reardon 1.55 1992	Daniel Reardon 1.81 1994	Iain McDonald 1.90 2003	Alistair Robinson (2003) Kieran Smith 1.90	Brian Hughes 1.98 1993
High Jump (Indoors)		James Baker 1.63 1993				
Long Jump	John Sedzwick 4.29 1991	Alan Taylor 5.05 1992	Ben Davies 5.76 1994	Paul Brinkworth 6.22 1992	Elliot Walker 6.49 2016	Donald Brown 6.78 1988
Triple Jump		Simon Mierckel 9.10 1980	R Lucas 10.88 1988	Paul Brinkworth 12.63 1992	Elliot Walker 12.86 2016	Donald Brown 13.22 1988
Triple Jump (Indoors)						Quentin Anthony 13.33 2018
Pole Vault			Neil Reynolds 3.15 1989	Neil Nicol 3.85 1991		Mike Nicol 4.30 1993
Howler	Jack Lynch 41.5 2019					
Javelin	Ian Whitehouse 16.38 1988	Jack Lynch 20.1 2021	Andrew Salt 43.04 1989	Richard Timmins 50.44 1993	Matt Johnson 44.16 2010	Andrew Salt 51.92 1993
Javelin 800g				Charlie Hornby 39.71 2014	Connor Nolley 34.57 2015	
Discus		Ian Nash 39.24 1980	T Morgan 43.04 1981	James Ward 39.24 2018	Connor Nolley 40.59 2015	Paul Bryan 38.6 1992
Discus 2kg				Connor Nolley 29.49m 2014	James Ward 37.74 2019	
Shot Putt	Russell Mason 4.66 1987	Richard Lloyd 12.09 1980	Richard Lloyd 13.39 (4kg) 1992	James Ward 12.76 2018	James Ward 10.15 2018	Paul Bryan 12.93 1992
Shot Putt 7.26kg				Connor Nolley 8.87 2014	James Ward 10.31 2021	
Hammer			Neil Goode 39.85 1998.00	James Ward 44.46 2018	Liam Goodall 43.05 2015	Paul Fletcher 37.21 1978
Hammer 7.26kg				Liam Goodall 35.83 2015	Liam Goodall 39.81 2016	
Decathlon						Brian Hughes 6098pts 1993

* A time of 3.32.54 was recorded in 1991 for a team comprising Roger Houghton, Simon Knights, Peter Madge and Richard Jones